



HOUSTON FIRE DEPARTMENT

GENERAL ORDER REVISED

To: All Officers and Members
From: Justin Wells, Assistant Chief *JW*
Through: Robert I. Garcia, Assistant Fire Chief *RG*
Subject: Self-Monitoring Information Update
Date: March 19, 2020

- Mayor**
Sylvester Turner
- City Council**
- District A**
Amy Peck
- District B**
Jerry Davis
- District C**
Abbie Kamin
- District D**
Carolyn Evans-Shabazz
- District E**
Dave Martin
- District F**
Tiffany Thomas
- District G**
Greg Travis
- District H**
Karla Cisneros
- District I**
Robert Gallegos
- District J**
Edward Pollard
- District K**
Martha Castex-Tatum
- At-Large 1**
Mike Knox
- At-Large 2**
David Robinson
- At-Large 3**
Michael Kubosh
- At-Large 4**
Letitia Plummer
- At-Large 5**
Sallie Alcorn
- Controller,**
Chris Brown

HFD members in the low-risk category of COVID-19 exposure risk will perform self-monitoring until 14 days after the last potential exposure. Members with a low risk exposure are not restricted from work or any other regular daily activities and the previous guidance on mandatory daily emails is retracted. The member will be responsible to monitor for symptoms and alert HFD Infection Control if they appear.

Guidance for Self-Monitoring:

- Members will monitor for symptoms twice daily at least 6 hours apart.
 - o Observe for symptoms including the following:
 - Fever > 100.0° F
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills, body aches, sore throat, headache, nausea, vomiting, diarrhea, and runny nose.
- If symptoms develop:
 - o If needed, call 911 first, disclose your monitoring status, and then contact HFD Infection Control.
 - o Contact Infection Control at 346-291-4964 and report symptoms.
 - o Mild symptoms should also be reported but the member will continue home-care unless illness progression requires further care.

Members are to continue to self-monitor for 14 days after the last exposure unless contacted by HFD Infection Control and directed to discontinue self-monitoring.

Any information or questions can be directed to HFD Infection Control at [346-291-4964](tel:346-291-4964). or hfdexposure@houstontx.gov.

20-093



Samuel Peña, Fire Chief
 1801 Smith Street, 7th Floor | Houston, Texas 77002 | (832) 394-6702
 "Courage, Commitment and Compassion"
www.houstontx.gov/fire

